June 7, 2020

Dear AWP Members,

The recent killings of George Floyd and Breonna Taylor by police have heightened public awareness about the stark reality of the repressive conditions that Black citizens in the US have been dealing with for more than 400 years. While Black people have been vocally protesting this violence for generations, we are hopeful that the current nationwide protests will catalyze more people to commit to the anti-racist fight for liberation and justice.

As our mission states, the Association for Women in Psychology “is a diverse feminist community of psychologists and allied professionals invested in the integration of personal, professional, and political power in the service of social justice.” We condemn police violence and brutality against Black people and see it as a human rights issue and public health crisis. It is up to all of us to collectively disrupt White supremacy, systemic racism, and oppression.

We want to make it clear that, as a feminist psychology organization, we are in full support of the Movement for Black Lives and encourage all of our members to use their resources to reckon with the history and ongoing persistence of anti-Blackness in our field and commit to taking daily action to disrupt these oppressive systems. We also want to express appreciation for the immense labor of Queer Black Women that is often overlooked in this fight. As a starting point, we have compiled some resources (recognizing that this is not a comprehensive list) for us to take action, engage in community and self-care, and educate ourselves.
Resources

Resources for Black folx:
Therapy for Black Girls - Dr. Joy Harden Bradford
#SayOurNames: Radical Healing for Black women and gender expansive folx
Dr. Thema Bryant-Davis
Dr. Jennifer Mullan
Dr. Candice Nicole - Black Lives Matter Meditations
Academics for Black Survival and Wellness Meditations
Liberate App (meditations for BIPOC)
The Trevor Project: Supporting Black LGBTQ Youth
“The Safe Place” App by Jasmin Pierre
(an anywhere apps are downloaded)

Resources for Non-Black folx to deepen their anti-racist work:
Scaffolded Anti-Racism Resources
Resources for Accountability and Actions for Black Lives
Academics for Black Survival and Wellness
Philly’s Children’s Movement
“How to Be an Anti-Racist” by Dr. Ibram X. Kendi
“The Racial Healing Handbook” by Anneliese Singh
“Me and White Supremacy” by Layla Saad
Purchase these and other books from Black-Owned Bookstores

More anti-racism resources:
Videos
Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers

"How Studying Privilege Systems Can Strengthen Compassion": Peggy McIntosh at TEDxAberdeenSchools

Podcasts
About Race
Code Switch (npr.org)
Fare of the Free Child
Integrated Schools podcast episode “Raising White Kids with Jennifer Harvey”
Pod For The Cause (The Leadership Conference on Civil and Human Rights)
Pod Save The People
Race Forward
Seeing White
How to Survive the End of the World

Donate to Organizations doing the work:
Antiracist Research and Policy Center
Audre Lorde Project
Black Women’s Blueprint
Black Lives Matter
Black Solidarity Fund - Community Ready Corps
Colorlines
Color of Change
INCITE
Nationwide Bail Fund
NAACP Legal Defense Fund
Showing Up For Racial Justice (SURJ)
SisterSong
The People’s Institute for Survival and Beyond

Vote:
https://www.vote.org/