A Feminist Voice Since 1969

ASSOCIATION FOR WOMEN IN PSYCHOLOGY



Spring Issue, June 1, 2018, Yuki Okubo, Newsletter Editor

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CO-CO'S CORNER BY SHARON SIEGEL

The AWP Conference in Philly during the week of "International Women's Day 2018" was outstanding. The conference, titled "**RRR — Still I Rise — Resolve**, **Resilience, Resistance**," was uplifting and addressed our feminist concerns for this nation and for the world. While we were meeting, learning, eating (it's Philly, after all!), and enjoying one another's company, actions toward women's empowerment were taking place all over the globe! For ourselves, impressive skills and scholarship at the conference were exciting and enlightening.

We know there were some discomforts at the conference. We bring a feminist stance to "doing the best we can" with our new website and all conference systems. In addition to the delightful parts about nourishing our minds, spirits and careers, we also admit to various glitches, unfortunately, a few more than we had expected. We would like to thank those of you who reached out and shared your experiences and gave feedback. We have addressed the issues and will apply them to future conferences. Although it has been a steep learning curve, we appreciate your patience and anticipate future conferences to roll along more smoothly than before!

We all understand that Sara Martino and new-mom Elizabeth Bennett, the conference coordinators, planned and produced the entire conference without a conference committee. Members of the <u>Imp</u>lementation Collective stepped in with impressive and ongoing support — yet we know the hub of the wheel, Sara and Elizabeth, kept the wheels turning. Very special thanks to the generosity of time and talent from Imps: Aliya Kahn, Karen Tao, Liz Abrams, Nikolai Houston, Riddhi Sandil and Yuki Okubo! Although AWP is financially dependent on our annual



conferences, we have learned to never again have an AWP conference without a working collective, whether in the city that hosts the conference or via a cyberspace collective. That being said, we do not yet have a location or coordinators for our 2020 conference! It is now time to begin planning and contracting hotel space. Will you or your area be our hosts?

Our learning together, of course, is never ending. In light of that, an interesting "problem" came up during our time together. A student who was new to AWP was insulted and surprised by our calling members of the Implementation Collective "Imps." At the New Member Lunch, she did not hear my announcement that we on the Collective affectionately call ourselves the Imps. Who knew that a vilified person in the book / HBO-TV series <u>Game of Thrones</u> is called "Imp" with frequent derogation of character and bullying of the Little

CO-CO'S CORNER BY SHARON SIEGEL (CON'T)

Person? Despite this negative reference for those who know the series, I suggest that we continue calling ourselves Imps. I enjoy that our "titles" do not define our participation in presentations or within caucuses or committees. I enjoy the minimizing the names of those who keep the organization's business matters and staffing (Imps, after all) on track.

"If you have not been to AWP conferences in recent years, please COME HOME to us. Let us embrace you! Fold your interests and your skills back into our programming. Be a part of our improving relationships related to diverse and ethnic differences."

Sharon Siegel

My experiences with AWP are very special. My participation over the past decades has informed my counseling skills and feminism in countless ways. AWP is the only feminist psychological association that we know of. All helping professionals, students and academicians in healing fields are welcome. We celebrate and learn from our diverse membership while we learn more ways that white privilege prevails unless and until it is recognized and interrupted. The dynamics of "calling-in" and "calling-out" enhance our awareness.

Diane Hall, a former AWP Implementation Coordinator (CoCo), and my mentor, once wrote: "... We all enjoy some sort of privilege, while we also deal with some form(s) of oppression... If we aren't aware of our privilege(s), and if we aren't working to do something about it, that privilege... plays out in our interactions with one another." I personally envision the AWP as a place where micro-aggressions cease; where people of all colors, young and old, wealthy and poor, students, early career professionals, and mentors come together with understanding and care. AWP will continue to work toward this, as we always have!

We have much work to do! At this time in Herstory, women (finally!) are more publicly confronting the need for an egalitarian society to prevail (never power-<u>over</u> others, as lived within the ancient matriarchal Minoan culture). The patriarchy that has been in power for more than 5,000 years must be moved aside, and taught to share. At least for now, predators are more often being held accountable. Academia, politics, work, family systems — it's not so easy to shut us up. It's not "expected" that we will remain silent about sexual oppression by authority figures to save our jobs or careers. We are appalled that it recently took scores of

women's testimonies to convict one extreme predator! Audre Lorde succinctly states:

The future of our earth may depend upon the ability of all women to identify and develop new definitions of power and new patterns of relating across difference.

Congress and senate seats are about to be more filled with women's butts! Glad I lived long enough to see this happening. Let's help galvanize the movement! I think of the #metoo movement, and I agree with Ava Park, of Irvine, California, who wrote: " The #metoo movement focuses on "me, too- as a victim," and, while those stories must be told, and those women, our sisters— ourSELVES! — must be heard, we also must carry on from there to a new place of power! We women do not identify as victims ... and we shall not be labeled as such! We are powerful ... calmly and confidently stepping up to reclaim our ancient position as the best and wisest leaders for humanity." AWP is part of teaching these truths!

If you have not been to AWP conferences in recent years, please COME HOME to us. Let us embrace you! Fold your interests and your skills back into our programming. Be a part of our improving relationships related to diverse and ethnic differences. Bring your students, colleagues and mentors to enrich your experience as well as our own. Put in your two cents (allow for the devaluation of the dollar) regarding all we do! Host a conference, offer to take a term as an Implementation Collective Member especially now as we are looking for folks interested in filling the Treasurer, Website and Communications, and Women of Color positions. Let your voices be heard!

Bright Sizzling Summer Blessings,

Sharon Siegel AWP Collective Coordinator Your CoCo Imp

INTRODUCING JESSICA BARNACK-TAVLARIS NEW MEMBERSHIP COORDINATOR

I am currently an Associate Professor in the Department of Psychology at The College of New Jersey, where I study women's reproductive and sexual health. I have been a member of AWP since 2002, and I have previously served as the Researchers' Caucus Co-Coordinator. I am excited to begin my term as membership coordinator, this June. During my term, I hope to expand our membership and help members feel more connected to AWP. I look forward to learning more about the organization and contributing to its growth.

My contact information is tavlarij@tcnj.edu

Jessica Barnack-Tavlaris



Jessica Barnack-Tavlaris New Membership Coordinator

EDITOR'S REFLECTION BY YUKI OKUBO

This year's conference left me with much reflection, as the anticipating of 50th Anniversary approaching, it has really brought the conversations among the IMPS and other members to reflect on the institutional herstory, what AWP has accomplished, what this professional

organizations has meant for each of us for the past 50 years, and the future direction of another 50 years.



Yuki Okubo Newsletter Editor

Each year, conference time is a reminder of all the work we have engaged in professionally, as well as to recognize friends and colleagues' accomplishments and their dedication to AWP and the field of Psychology. I am always struck with the amount of experience and wisdom we can draw from one another. What fellow AWPers shared in the Conference space, I am forever reminded of the need and importance of us challenging and changing ourselves with time.

I had a privilege of meeting Ms. Diane Nash, a Civil Rights leader and community organizer. I experienced her as a soft-spoken yet fierce individual whose fundamental belief of agapic energy is unwavering. Among her sharing of personal experience in fighting against human injustice, what resonated with me the most was 6 phases of agapic changing campaign. While we may not be dealing with issues that are in need of non-violent protest, I believe steps taken in agapic changing campaign may be valuable as we strive towards institutional milestone of half a century.

First phase of agapic changing campaign is investigation, where we develop am agreed upon objectives. We are in due for a strategic plan and hopefully we can come up with a good working document that will take this organization to the next level.

Second phase is education, where knowledge and skills are acquired along with anticipating of possible scenarios. I hope that with the wisdom acquired with the first 50 years of our organizational herstory, we can anticipate and plan accordingly for a thriving second half of the century.

OLDER WOMEN'S CAUCUS REPORT FROM PHILADELPHIA, 2018 BY LEONORE TIEFER

Attendees: Michele Boyer, Donna Hawxhurst, Suzanna Rose, Carol Goodenow, Susan Basow, Mary Hayden, Sharon Siegel, Ellen Halpern, Alice Riger, Irene Frieze, Joan Chrisler, Maureen McHugh, Cathy Faye, Angela Gillem, Gloria Joseph and Mary Mingus (visiting from St. Croix), Ruth Hall, Leonore Tiefer

I. OWC history

In 2014 Suzanna Rose, Joan Chrisler, Maureen McHugh, Leonore Tiefer, and Irene Frieze presented a well-attended session on AWP at a Boston conference called "A Revolutionary

Moment" http://www.bu.edu/wgs/wgsevents-3/conference2014/ that was all about the 1960s and Second Wave feminism. Then, at AWP in SF in 2015 we gave a session about this experience and decided to revive the OWC.

In 2016, 2017 and, now 2018, we have held 1/2 day OWC preconference work-shops.

II. Caucus representation on the AWP website

There is a webpage devoted to caucuses on the AWP website https:// www.awpsych.org/caucuses.php

We **need someone** to write a paragraph about the OWC and its mission and purpose.

III. Plans for AWP Rhode Island 2019

There's going to be a heavy emphasis on AWP history at the 2019 meeting

because it's AWP's 50th Anniversary. There will be programming, exhibits, a video, displays of historic memorabilia, celebrations, etc. Speaking of AWP memorabilia, **Cathy Faye** from the Cummings Center for the History of Psychology (at the U. of Akron) is happy to advise anyone whether they should send their AWP materials to her (cfaye@uakron.edu). Maybe every session in Rhode Island should have a history angle. [Sharon Siegel wants us to say "herstory."]

IV. Getting in touch with members who have lost touch with AWP

Mary Hayden offered to track down active AWPers we haven't heard from in some time (like Susan Gore sgoretx@aol.com). She'll invite them to attend the RI meeting. Maybe we should have some sort of acknowledgement (colored ribbon on badge?) for members indicating the decade they joined, or something like that. Joan Chrisler offered to assist.

V. In Memoriam

Maureen McHugh continues to do the annual In Memoriam session. Please contact her if you hear of the passing of a woman psychologist. Maureen will compile all her lists for the last 3 years and we'll have a column in the newsletter.

VI. Networking outside the Conference

Many members can't attend the conferences, but want to be in touch. Should we create little 2-4 person support networks for regular chats? Should we push for an alternate virtual conference? What models are out there for continuing contact?

VII. AWP governance

Many OWCers are former Imps and Conference Organizers and spoke of our dismay at the persisting governance challenges in AWP.

There was substantial support for the idea of a paid conference administrator - **Donna Hawxhurst** said she had discussed this with her Utah Women's Resource Center person who might be interested. **Suzanna**



OLDER WOMEN'S CAUCUS REPORT (CON'T)

Rose, Angela Gillem, Irene Frieze, Donna Hawxhurst, all previous conference organizers, offered to advise the current conferences liaison Elizabeth Bennet <bennette1@dug.edu>.

VIII Postscript

Irene would like future OWC meetings to focus more on "hearing everyone's story of how they have personally handled aging issues." Alice adds that there was considerable support for changing the conference venue to a warmer climate or month, as snow is very difficult for both older & disabled women. There was a big snowstorm in Philadelphia right before the 2018 meeting, and Alice fell while crossing the street a block from the conference. A sober note on which to end as we anticipate Rhode Island in 2019.

(Photo Credit: Cathy Faye)



Back Row, I to r: Suzanna Rose, Carol Goodenow, Mary Hayden, Susan Basow, Ruth Hall, Leonore Tiefer, Ellen Halperin, Joan Chrisler, Michelle Boyer, Sharon Siegel Front Row I to r: Donna Hawxhurst, Angela Gillem, Irene Frieze, Alice Riger

EDITOR'S REFLECTION (CON'T)

(Continuing from Page 3)

Negotiation is the third phase of agapic changing campaign, where we may resolve conflicts and walk away with deeper understanding of one another. With any significant changes, negotiation is a critical phase where much debate happens.

The fourth phase is demonstration, and this is where the act of protest happens. I believe that this phase can be translated into first line of actions towards necessary and yet difficult changes.

Resistance is the fifth phase of agapic changing campaign where instead of feeding into what may be the comfortable way of

operation, actively withdrawing from the pre-existing system occurs. This is where we may stop any issues or problems that have persisted.

The last phase of agapic changing campaign is taking steps to ensure that the problems and issues would not occur.

I imagine that AWP will continue to evolve as an organization as it enters into the second 50 years. IMPs are in need of support from its membership. More specifically, I hope that you will consider taking leadership in AWP in the future, whether it be volunteering your time to serve as IMPs, or establishing committees and task forces to bring in some changes. IMPs always welcome your input, suggestions, and ideas.

CHRISTINE LADD-FRANKLIN Award Given to Amorie Robinson By Sharon Siegel

The award is named in honor of Christine Ladd-Franklin (1847-1930), an early scientist whose career provided a painful example of the way institutional sexism operated to exclude women from careers in psychology and the sciences. Although Ladd-Franklin completed the work for a Ph.D. in mathematics and logic at Johns Hopkins University in 1882, the university would not confer the degree because she was a woman. Ladd-Franklin continued her experimental work without the benefits of the terminal degree or official institutional recognition, and made several important contributions to the literature on vision. In 1926, forty-four years later, Johns Hopkins did award her the Ph.D. for the work she completed in 1882.

The Christine Ladd-Franklin (CLF) Award is presented annually by the AWP Implementation Collective (IMPs) to a member who has made significant and extensive contributions to the AWP. According to award criteria,

"... Such contributions can include service on the Implementation Collective or as a Conference Coordinator, a Caucus Coordinator, or special projects contributor. The Individual should have been a member of AWP for at least five years, and service should be noted over at least a three-year (not necessarily continuous) period."

The IMPs offers this year's Ladd-Franklin award to Amorie Robinson because of her continuous support of AWP concerns, her social justice activities, and her generous influence related to AWP policies. Many of us have known her since she was an impressive student of psychology; later an early-career professional; now a mentor to many.

Amorie empowers young people and ensures that their voices are heard; has

a strong commitment to excellence, dependability, attention to detail, organizational skills, trust in the group process, and openness to learning. She selfidentifies, and has presented at the American Psychological Association with a study on Black lesbian youth, and on bullying of LGBTQ's and their resilience and coping.

Amorie identifies as a feminist/womanist and as **Afrocentric**. The populations she serves include everyone, but especially adolescents, LGBTQ youth, people of color, same gender couples and women. She conducts cultural competency trainings and workshops for mental health providers, including online presentations; teaches Women's Studies courses; Introduction to LGBTQ Studies; Intersection of Race and Attractional Orientation; LGBTQ Issues; and a course that is cross-listed in Women's Studies and Psychology, entitled Gender and Group Process in a Multicultural Context.

Amorie has been a member of AWP for over 25 years, serving in a number of capacities for the organization. She served on the Imps as a Hospitality Suite Coordinator and while a doctoral student in the 1990s she was our "Conventions Coordinator." She has provided continuous support and programming to AWP's Women of Color Caucus, the Women of Color Suite, and the Women of Color Institute. She was instrumental in bringing Ruth Ellis (the oldest known African American lesbian) to AWP. She is a co-founder and was a Board member for 15 years, of the Ruth Ellis Center, for LGBTQ youth who are homeless.

Amorie is a longstanding member of the Association of Black Psychologists (ABPsi) and has been relentless in ensuring that the lives of African American LGBTQ people are visible. She has led the Detroit chapter of ABPsi for years and

"Amorie empowers young people and ensures that their voices are heard; has a strong commitment to excellence. dependability, attention to detail. organizational skills, trust in the group process, and openness to learning. "

CHRISTINE LADD-FRANKLIN AWARD (CON'T)

was just recently appointed as Secretary of the National ABPsi Board of Directors.

As a longstanding AWPer, Amorie is optimistic, plays the violin; drums the djembe, and illustrates coloring books and storybooks for Black children. She has participated in African drumming traditional ceremonies and encourages other women to join in. She has a long, strong herstory of service with AWP and can always be seen tearing up the floor at the AWP dance.

The AWP Implementation Collective is proud to offer the 2018 Christine Ladd Franklin Award to **Amorie Robinson**.

*Photo Credit: Mala Matacin

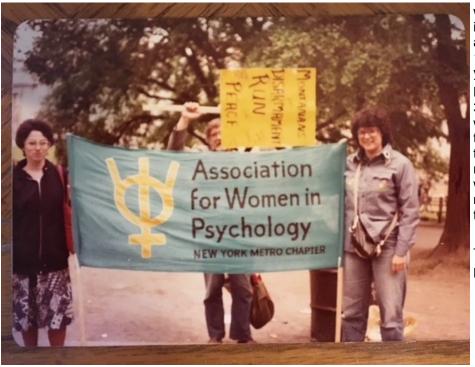


Amorie Robinson

PHOTO REQUEST FOR THE AWP HISTORY AND CELEBTRATION VIDEO BY LEONORE TIEFER

A hardworking AWP 50th anniversary history committee is on the job. We met in Philadelphia in March and discussed programming and exhibits for the 2019 meeting in Rhode Island. We filmed 18 interviews with young and old AWP members and are in the middle of transcribing them, preparing a script and making a short video. So that the video won't just be talking heads, we would REALLY like some photos from the last 50 years of AWP. To whet your

appetite, here are 3 from my collection: 1982, showing Claire Holzman and Leonore Tiefer with the NY Metro banner at the anti-nuclear rally in New York's Central Park ("the largest political demonstration in US history," according to Wikipedia); Leigh Marlowe, Cathryn Adamsky, Leonore Tiefer and Sharon Shepela at the 1983 AWP midwinter



conference (as it was called) in Seattle where 942 attended and Sweet Honey in the Rock performed; and our 15th anniversary cake at APA in Toronto, 1984. Please send photos with the year, location, and people clearly

LABELED. Mail them to Leonore Tiefer 300 First Ave., 8F, NY NY 10009 and we will scan them for the video, or send them electronically

to <u>Itiefer@mindspring.com</u>. Not too many, please, but please do it NOW while we are making the video. We'll return the photos if you want, or send them to our archive in Akron, Ohio.

Thanks, Leonore

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DORIS HOWARD LIFETIME SERVICE AWARD GIVEN TO SUE MORROW AND DONNA HAWXHURST BY SHARON SIEGOL

The Doris Howard Lifetime Service Award was inaugurated in March, 1999, to recognize services to AWP over an extended period of time. It is awarded by the Implementation Collective to recognize persons who have provided exceptional service to AWP over at least a 20-vear period in a variety of forms. For instance, the recipient may have served AWP as a member of the Implementation Collective or Conference Committees. coordinator of a caucus or award committee, or as a contributor to special projects or financial initiatives. This is not an annual award. This year, IMPs are honored and privileged to present this award to Sue Morrow and Donna Hawxhurst in recognition of their exceptional service to AWP for more than 20 years.

Donna Hawxhurst and Sue Morrow have been legendary pillars of AWP for over 20 years, and heroic Co-Coordinators of 3 successful national conferences. having offered unimaginable amounts of work, commitment, dedication throughout that time all of their time with us. They co-coordinated a highly successful conference in Arizona, forming an AWP regional committee there, and when they relocated to Utah, co-coordinated another conference and an AWP regional committee there too.

On the Implementation Collective, Sue has served in the challenging role of Treasurer, and she has been AWP's Liaison to Division 17 for 24 years. Donna has been Collective Coordinator and was previously the Conferences Liaison Imp.

Their scholarship and training has been present in every conference program, contributing numerous structured discussions, panels, and pre-conference workshops on multicultural psychotherapy and issues of ethics. Notably, Sue's annual full-day



Sue Morrow & Donna Hawxhurst

qualitative research methods pre-conference workshop, over many years, helped define the field and bring it to AWP.

Donna and Sue co-wrote and self-published a wonderful book in 1984 called *Living our Visions: Building Feminist Community*, which was foundational in helping create AWP's philosophy of feminist process. They have each been given two of AWP's most prestigious awards, the Christine Ladd Franklin Award and the Florence Denmark Mentoring Award.

Karen Tao had the pleasure of sharing some personal

reflections from current and past mentees and colleagues about our awardees. This lifetime achievement award was happily impacted by many beautiful narratives about the awardees' impact on their feminist, activist, and academic communities.

A former student of both, stated: Sue Morrow, the first awardee is described as a thoughtful and guiet presence. She does not disturb the environments she enters because she is careful where she treads. She notes her surroundings and casts a positive glow. Others cannot help but notice and benefit from her demeanor. She has much wisdom to impart to those in her presence, whether they interact with her directly, observe her grace, or believe they are unnoticed.

One mentee wrote: There have been multiple times when Sue Morrow taught me unforgettable life lessons in moments when (I believe) she did not know that she was teaching. Her way of being unapologetically and radically herself has often inspired me and my peers to live our most radical, authentic lives. I thank her for the invaluable life lessons about being myself.

Another mentee shared these words of wisdom offered by Sue: take care of yourself first and then help others around you; eat healthy and enjoyable meals; get into nature because it's restorative; restoration comes from exercise (she is a great dancer!); practice integrity; do what you love and support others to find their

DORIS HOWARD LIFETIME SERVICE AWARD (CON'T)

callings; befriend likeminded others; notice when others are struggling and lend a helping hand; share resources and be a decent human being; even though it's not about the title or label, give feminism a good name; make feminists proud to identify as such.

Donna Hawxhurst always begins classes with a feminist relational "check in" and takes a personal interest in not only her mentees but all students and colleagues. She is greatly appreciated for her modeling self-care in classes and giving permission to graduate students to pause and reflect on how they are doing both professionally and personally. Her classes are well attended by students from a variety of disciplines and her feminist mentorship model reputation precedes her. She draws those who are specifically seeking a feminist multicultural and relational supervisory experience. She is always available to listen, to offer words of encouragement, and coaching or practical advice. Experiences with her have allowed many to create more space in their own lives for balancing work and life roles and to know more about what is needed in order to be in balance.

A current mentee of this Donna said, "I thank the Goddess for bringing this woman into my life and forming me into the person who is fundamentally changed from the time I have spent in her presence. Her impact, not just on myself, but on everyone around her has reached well beyond the spaces she exists in and has truly made the world a better place."

Another mentee stated: it's genuinely challenging for me to consider how to express my gratitude to both Sue and Donna! Truly, the pursuit of my profession is informed by your work, your support and your bravery as wild womyn in the world! I have been forever formed by your supervision and guidance, and by the faith you both held for me as a student, intern and professional therapist. It is because of you that I chose to specialize in feminist multicultural counseling and that it has become integral to my identity as a psychologist and a woman. I had the privilege of receiving clinical supervision from both of you, learning how to use my intuition and combine that with what I learned. You taught me how to incorporate sociopolitical analysis and help clients to ask questions that would explore that. You encouraged me to question authority and form my own opinions. I owe a large part of my success as a psychologist to your mentoring. You both mean the world to me.

One longtime colleague wrote about both awardees: when these women moved to town, it changed my experience as a feminist therapist. Prior to this, I had felt a bit isolated. I got to know these women through my involvement in AWP. A few years later, I started volunteering my time as a field instructor for the Women's Resource Center, and I was ultimately there for 14 years. They have played such an important role in training a whole generation of feminist multicultural therapists in our community. They have much to be proud of in their years.

Another longtime colleague shared: one of the unexpected joys since moving to this Mountain West State of Utah has been our relationships with these women. Both of our lives have been deeply enriched by our personal and professional relationships with Donna and Sue, individually and as a couple.

Professionally, they have been pioneers in promoting feminist approaches to mental health and have profoundly influenced our lives, and so many colleagues who work with clients who have experienced trauma. Personally, they have been role models for how to live with integrity and for the power of incorporating values of social justice into daily life. We look to continued friendship and inspiration as we share the journeys of also moving into the senior years of life.

Sue and Donna,

congratulations for living the lives you live, and for all you have contributed to multitudes of grateful friends, students, colleagues, and to our dear AWP. "Sue and Donna, Congratuation s for living the lives you live, and for all you have contributed to multitudes of grateful friends, students, colleagues, and to our dear AWP."

Sharon Siegel

PHILADELPHIA CONFERENCE PHOTOS



PHILADELPHIA CONFERENCE PHOTOS





AWP 2019 CONFERENCE Rhode Island by Mary Zahm & Kat Quina

Gold, Bold, and More to Be Told Our Feminist Journeys

TIBLE

AWP'S Fiftieth Year February 28 - March 3, 2019 Newport, Rhode Island

Wow! Our 2019 conference collective now has nearly 50 AMAZING members, including several who will contribute from other locations. It is such a thrill to be working together! We range from early 20s to later 90s, and include some who have been involved since AWP 1989 and some new to conference planning. We are evidence of the power of AWP's special vitamins: Feminism and Fun! (And the promise of birthday cake!)

We chose our theme to honor the many faces, stories, and stages of feminist psychology through the crucial lens of AWP. We hope to bring together our foremothers, activists leading us today, and new members, while cherishing the fact that each of us has lots more to be told. We will also celebrate the



varied journeys that have brought us to this 50th birthday party, as well as those that will bring AWP to its century mark. We encourage you to think about this theme in planning your own contributions.

We are also excited about Gurney's Resort and Marina, which sits at the tip of tiny Goat Island, connected to mainland Newport by a short causeway. In every direction there are breathtaking views of Narragansett Bay, the Newport Bridge, and historic Newport. It was completely renovated this year, and we will benefit from pre-renovation rates. For those wishing to sample the great local restaurants, the walk is refreshing and the sights are spectacular; a free shuttle is available at all times as well. The weather in March is unpredictable, so come prepared for anything!

We hope you can extend your stay to visit the area as well. Newport is a beautiful coastal city surrounded by the Atlantic Ocean and Narragansett Bay. It is rich with history; native tribes lived there for at least 5,000 years and many claim evidence of Viking visits. Founded in

"We chose our theme to honor the many faces, stories, and stages of feminist psychology through the crucial lens of AWP."

Mary Zahm & Kat Quina

AWP 2019 CONFERENCE (CON'T)

1639 by English settlers seeking religious liberty from Boston's Puritans (<u>http://newporthistory.org/</u> <u>about/brief-history-of-newport/</u>), Newport is home to starkly contrasting histories: of slave traders and Quaker abolitionists; descendants of slaves, pirates, fishermen and ship captains from ports around the world; and very wealthy families whose "summer houses" can be toured today along the rocky Atlantic coast. Within a few square miles are a popular tourist center, international yacht races, an active fishing port, the Naval War College, the International Tennis Hall of Fame, and some of the most beautiful of Rhode Island's 400 miles of coastline.

We will share much more about the conference on <u>www.awpsych.org</u>, future newsletters and social media, and before you know it the Call for Programs will be in your inbox! For now, mark the dates in your calendars, polish up your proposals, and invite your feminist friends to join the party! We can still use more volunteers, so don't hesitate to contact <u>kquina@me.com</u> if you want to be involved.



Photo collages by Mala Matacin.

GIVING BACK TO AWP

Are you interested in joining our Implementation Collective? Contact our Staffer/Regional Coordinator Clare Mehta at <u>mehtac@emmanuel.edu</u> Would you like to host our annual Conference in the future? Contact our Conferences Liaison Elizabeth Bennett at <u>bennette1@duq.edu</u>



Do you want to contribute your writing to AWP Newsletters? Contact our Newsletter Editor Yuki Okubo at <u>yxokubo@salisbury.edu</u> Would you like t o make a donation? Contact our Treasurer Nikolai Houston at <u>nikolaihouston@gmail.com</u>

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THE 28TH ANNUAL RENFREW CENTER FOUNDATION CONFERENCE FOR PROFESSIONALS BY KAITLIN MCFADDEN

The 28th Annual Renfrew Center Foundation Conference for Professionals

REGISTRATION NOW OPEN Feminist Relational Perspectives and Beyond: Cultivating Hope in an Age of Disconnection NOVEMBER 9 - 11, 2018 Philadelphia Airport Marriott 17.5 CEs/CMEs Offered

Many eating disorder clients are experiencing unprecedented levels of stress and anxiety in a polarized society where anger, prejudice, loss of civility, bullying and threats to personal safety create an atmosphere of distrust and disconnection. Practitioners are tasked with helping clients navigate their way through emotionally-charged times by providing them with optimism, prompting dialogue that supports diverse needs and creating a sense of community. Conference 2018 will focus on evidence-based strategies, clinically relevant research and development of skills for building resilience.

Keynote Presentations: Shame and Survival Monica Lewinsky

Good and Mad: The Power of Anger Rebecca Traister

Hope for the Future: Reinventing the Way We Work With Millennials Ron Taffel, PhD

Psychotherapy Research for the People: Can Feminism and Science Co-exist? Heather Thompson-Brenner, PhD (Moderator) Amy Banks, MD Stephen Wonderlich, PhD

Featured Workshops:

Finding Hope at the Intersection Between Indigenous Knowledge and Western Science

Anita Johnston, PhD, CEDS

This workshop explores how traditional and western systems of knowledge offer multiple points of entry into a contemporary understanding of eating disorders, by examining the interface between indigenous oral traditions, modern neuroscience and present day psychotherapy.

Social Justice and Eating Disorders: Let's Move Forward Together

Marcella Raimondo, PhD, MPH & Andrea LaMarre, MSc

This workshop asks participants to reflect, authentically, on how to best create eating disorders treatment equity.

THE 28TH ANNUAL RENFREW CENTER FOUNDATION CONFERENCE FOR PROFESSIONALS (CON'T)

Hidden Voices: Understanding the Nuances of Eating Disorders in African American Women, Men and Children Carolyn Coker Ross, MD, MPH, CEDS & Lesley Williams, MD, CEDS

This workshop examines why these populations remain less likely to seek treatment, and explores how best to identify and help everyone who suffers with an eating disorder.

Intersectional Treatment of Body Image - Embodied/Cultural Curious Therapists

Robin Hornstein, PhD

This presentation describes intersectional therapy and the significance of an embodied, culturally curious therapist. It illustrates how knowing oneself as a therapist promotes the treatment of marginalized, misunderstood or oppressed clients, by holding space for their social and cultural experiences, and helping them manage what oppression does to their bodies.

Promoting Body Trust® in Your Work

Dana Sturtevant, MS, RD & Hilary Kinavey, MS, LPC

Informed by a combination of approaches to disordered eating, especially the concepts of Health at Every Size® and Intuitive Eating, this workshop explores and illustrates how a focus on Body Trust® offers tools to heal body shame and promote movement towards a more compassionate model of self-care.

The Invisible Crisis: Eating Disorders Among Asian American Women

Hue-Sun Ann, PhD

This workshop identifies risk and protective factors regarding eating disorder development among Asian Americans, and reviews salient treatment issues including barriers to treatment, the role of racial identity and acculturation.

Bringing Men into the Conversation: Transforming a Misogynistic #MeToo Culture

Margo Maine, PhD, FAED, CEDS, Marvice Marcus, PhD & Douglas W. Bunnell, PhD, FAED, CEDS

In this workshop, members of Renfrew Men's Networking Committee discuss the role men can play to challenge the systemic harassment, gender discrimination and toxic culture that objectifies and dismisses women, contributing to deadly eating disorders. This interactive conversation will explore how our professional community could contribute to a much-needed "men's movement."

Healing Through Creativity: The Body in LGBTQ+ Clients

Heidi Dalzell, PsyD, CEDS & Kayti Protos, MSW

This presentation explores body trauma and describes the healing potential of the creative arts.

The One that Got Away: Women's Choices, Women's Voices

Natasha Weston, MS, LPC

This workshop explores the 'choices' these women have made politically, philosophically and therapeutically, and offers therapists ways to help clients consider future choices.

Treating the Mother: Eating Disorders in Pregnancy and Postpartum

Jennifer McGurk, RDN, CDN, CEDRN & Christine Knorr, LCSW

This workshop illustrates how to treat eating disorders effectively during pregnancy and the postpartum period.

THE 28TH ANNUAL RENFREW CENTER FOUNDATION CONFERENCE FOR PROFESSIONALS (CON'T)

Culture Jamming: Creative Resistance to Toxic Culture in Eating Disorder Recovery

Sondra Rosenberg, ATR-BC

This workshop outlines an art therapy program to help patients resist and reframe the cultural matrix where recovery must take root.

Millennials Rising! Therapeutic Relationship Skills for Dysregulated Patients and Changing Sensibilities Ron Taffel, PhD

This "how-to" workshop describes therapist relationship skills for these patients, including: non-hierarchical collaboration; texting as mindfulness; staying remembered; addressing socially embedded substance use; effective advice-giving; and the "crafts" of therapist authenticity, unscripted conversation, and the use of praise.

Breakfast Discussion: Working With Women at Midlife And Beyond

Holly Grishkat, PhD & Karen Samuels, PhD

Age does not immunize women from the pressures associated with eating disorders and body image disturbance. An engaging discussion around the special treatment focus so necessary for this often overlooked population will be preceded by a brief overview on midlife eating disorders.

Celebrating Diversity Lunch

Cindy Gretzula, RN & Paula Edwards-Gayfield, MA, LPCS, CEDS, NCC

Please join us for our second annual networking luncheon devoted to celebrating diversity. This will be an opportunity for practitioners to support each other and share successes and challenges in dealing with race/ethnicity, sexual orientation, gender identity, and other dimensions of diversity in the treatment of eating disorders.

For more information or to register please visit <u>www.renfrewconference.com</u> or contact Kavita Patel at 1-877-367-3383 or <u>kpatel@renfrewcenter.com</u>.



ANY IDEAS FOR A COLUMN?

Have you ever thought about writing a column for a newsletter?

Do you have a story you would like to share with the membership?

I would be happy to consult with you with any ideas you may have to contribute to the future newsletters.

Please contact me at yxokubo@salisbury.edu

APA ANNUAL CONVENTION SAN FRANCISCO, CA AUGUST 9–12, 2018 / EXHIBIT DATES: AUGUST 9–11

Call for Volunteers for the AWP/Division 35 Hospitality Suite at APA APA Convention, San Francisco, CA August 9 to 12, 2018

Interested in volunteering in the AWP/Society for the Psychology of Women (APA's Division 35) Hospitality Suite at the APA Convention (August 9-August 12)? I would love to hear from you! Volunteering in the suite is a great way to save some money on housing during the convention as well as a fabulous way to meet new people.

Volunteering is important work because we want the suite to be inviting and well organized. This opportunity is open to everyone - students and non-students, professionals and non-professionals, locally, nationally, AWP members, Division 35 members, etc.

If interested, or have any questions, please contact Keely Hirsch at Keelyhirsch@gmail.com.

Keely Hirsch, Psy.D. AWP/Division 35 Hospitality Suite Coordinator



CALL FOR AWP AWARDS

SPECTRUM LGBTQ+ 2018-2019 Award Gender and Sexual Minority Manuscript Award

We are pleased to announce AWP's third annual SPECTRUM Award to reward and encourage research on the Psychology of the LGBTQ+ Experience!

Content: The Association for Women in Psychology encourages submissions of theoretical and empirical manuscripts that address the psychology of marginalized gender and sexual identity populations, including but not necessarily limited to those who identify as lesbian, gay, bisexual, transgender, non-binary, genderqueer, genderfluid, and/or queer. Manuscripts focusing on any topic relevant to the psychology of populations of marginalized gender and sexual identity status are invited.

Eligibility: Individual and jointly authored manuscripts are eligible. Manuscripts (conference papers, dissertations, journal articles, or other manuscripts) can be unpublished, under review, accepted for publication or published. (Note: If you are submitting a published manuscript for consideration, please provide full citation and note that no manuscripts published PRIOR to May 1, 2017 will be considered). Manuscripts not more than 50 pages are recommended. Entire books are not eligible. Members and nonmembers of the Association for Women in Psychology are eligible to apply.

Deadline: Extended to June 15, 2018

Evaluation: Submissions must be made by manuscript author(s) to Erin Hipple (<u>eehipple@gmail.com</u>) by 11:59pm (Eastern Standard Time) on June 1, 2018. Please send your submissions via email with the following email subject line: *AWP 2019 Submission*. Please include two documents in your submission (Word or PDF), one document containing the manuscript with no identifying information (including only the title, abstract, and manuscript body) and a second

document containing contact information (i.e., author name(s) and contact information along with the title, abstract, and manuscript body). A panel of SPECTRUM committee members will review the anonymous manuscripts. Submissions will be evaluated on the basis of sound methodology, clarity of writing, and relevance to the advancement of the psychology of gender and sexual minorities.

Award: The award winner will receive a \$250 honorarium and will be given the opportunity to present their research at the 2019 Annual Association for Women in Psychology conference. The award winner will be notified by email and announced at the American Psychology Association convention in August (the winner is not required to attend the APA award ceremony, but is strongly encouraged to present their work at a special awards symposium at the AWP conference). Please email Erin Hipple with any questions you may have at <u>eehipple@qmail.com</u>.

OTHER AWP AWARDS

Check out AWP Website Awards page at https://www.awpsych.org/awards.php for all the awards with detailed information.

CALL FOR AWP AWARDS (CON'T)

Oliva Espin Award for Social Justice Concerns in Feminist Psychology

recognizing work in the areas of

Gender and Immigration

and

Ethnicity, Religion, and Sexual Orientation

The award was established through a generous founding contribution from Oliva Espin, a long time AWP member and feminist scholar. It was Oliva's desire to recognize the work of feminists who are making important contributions to practice, education and training, and/or scholarship in the areas of (a) Gender and Immigration and (b) Ethnicity, Religion, and Sexual Orientation. Oliva's lifelong contributions to each of these areas of feminist practice and scholarship have been significant. AWP is pleased to partner with Oliva to recognize and support ongoing work in these important areas. Nominations and submissions may be made on the basis of noteworthy contributions to (a) practice, (b) education and training, and/or (c) scholarship (presented, published, or unpublished but in APA-style publication-ready format) in one of the following two areas: Gender and Immigration or the intersection of Ethnicity, Religion, and Sexual Orientation.

The inaugural award, in the area of Gender and Immigration, was presented at the 2008 AWP conference in San Diego. Subsequent awards have been made for work on Gender and Immigration OR the Intersection of Ethnicity, Religion, and Sexual Orientation, generally on an alternating basis.

All nominations, submissions, and supporting documentation must be received via email attachment (MS Word or PDF) by the date indicated. Direct materials and questions to Michele C. Boyer at michele.boyer@indstate.edu or 812 -234-5099. Submissions will be reviewed by a committee of AWP members.

Deadline: Extended to July 2nd, 2018

Award: A \$250 cash prize will be awarded. The recipient will be invited to present at the 50th Anniversary AWP Conference in Rhode Island in 2019.

Donations: Individuals wishing to contribute to the Oliva Espin Award fund (to help sustain cash prizes) can do so by sending a check payable to AWP (in the note area indicate 'Oliva Espin Award') to Michele C. Boyer, Department of CDCSEP, Indiana State University, Terre Haute, IN 47809. Oliva will be notified of your gift.

EMGAGING WITH OUR SOCIAL MEDIA OUTLETS



Our new AWP Website https://www.awpsych.org/



AWP Facebook page: https://www.facebook.com/groups/29473119739/

PSYCHOLOGY of WOMEN Quarterly



Consider Submitting to PWQ

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Psychology of Women Quarterly (PWQ) is a feminist, scientific, peer-reviewed journal that publishes empirical research, critical reviews, and theoretical articles that advance a field of inquiry, teaching briefs, and invited book reviews related to the psychology of women and gender.

Visit our Sage website: pwq.sagepub.com

To submit an article, go to: mc.manuscriptcentral.com/pwq

Contact our Editorial Office:

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PSYCHOLOGY *of* **WOMEN** *Quarterly*

The editorial team of *Psychology of Women Quarterly (PWQ)* is announcing a new curated collection of articles on relevant feminist topics. We started this effort after receiving several requests via Twitter and email for articles on specific topics, often in response to current events like the #MeToo movement, which ignited a conversation about sexual assault and harassment in the workplace and beyond. After thoroughly examining *PWQ* volumes from the past few years, we identified 10 broad topics of current interest to both scholars and the public: 1) politics, racism, and sexism; 2) sexual violence and assault; 3) relationships, motherhood, and family; 4) sexism and body objectification; 5) sexism in education, STEM, and the workplace; 6) new and diverse methodological paradigms; 7) intersectionality; 8) transnational issues; 9) preventative interventions against racism and sexism; and 10) coping with racism.

In creating the lists, we hope to facilitate and promote the knowledge-sharing process among *PWQ* readers. We foresee that the lists will be used by **students** writing papers, **professors** creating teaching materials, and **researchers** looking for a deeper and current understanding of concepts and theories; that is, in addition to many other possible uses that **advance feminist scholarship and activism**. We will continue to update these lists and add topics. In a field that is regularly changing and expanding, *PWQ* will continue to follow the lead of our invaluable feminist authors and create accessible research that is both historically relevant and socially influential.

Psychology of Women Quarterly Hot Topics!

Click on: <u>Sexism and Body Objectification</u> Defining and Cracking the Glass Ceiling: Challenges from Feminist Scholarship

Transnational and Intersectional

Intersectionality in Quantitative Psychological Research

Politics, Racism, and Sexism

Relationships, Motherhood, and Family

Research Paradigms

Sexism in Education, STEM, and the Workplace

Sexual Violence and Assault

Women Coping with Racism



AWP LEGACY CIRCLE BY SHARON SIEGEL

Founded in 1969 AWP has provided a very special Haven and network for a feminist in many different areas of work in a study in psychology.

Together we have created a body of theory and practice that has changed our field in our communities. Together we have attended diverse, activist, inspiring conferences that have changed our lives. Together we can sustain these goals and activities.

The AWP Legacy Circle it's our way of supporting AWP is feminist activities for the future through contributions and a planned giving. By making AWP a beneficiary of an insurance policy, will, trust or retirement account, or donating an annual gift, you allow AWP to plan for a feminist future. Your gift is fully tax-deductible to the extent of the law.

Securing the future of AWP

AWP implementation collective invite you to join our AWP Legacy Circle by planning your contribution. You may designate your gift for a specific purpose or for use where it is most needed.

AWP annual dues and conference proceeds cover our current expenses, but do not provide the safety net for our future nor the funding to expand our programs. The AWP Legacy Circle will allow us to enhance or mentoring, outreach, award, student, and research activities. The AWP Legacy Circle will honor benefactors as well as allow each of us a sustaining presence in AWP.

10 reasons to join the AWP Legacy Circle

- to give long life to AWP's programs to give feminist psychology a louder voice to be part of AWP's future
- to support AWP's annual conferences
- to support feminist ethic and sexual diversity
- to promote feminist research and pedagogy
- to honor a partner, relative, friend, or colleague
- to be remembered in AWP's herstory
- to help future feminist students
- to put your money where your heart is

Members will enjoy

Special recognition in the AWP newsletter (Or the option to remain anonymous) Lifetime membership and AWP newsletters with donations of \$5000 or more Invitation to special gatherings at annual AWP conferences An alliance with others who share your vision for a better future Invitation to regional AWP events Legacy Circle plaque displayed at teach AWP conference unless you request anonymity. AWP Legacy Circle Certificate of Appreciation Ongoing information about estate planning upon request

To obtain detailed information about how to join the AWP Legacy Circle by making a donation or bequest, please contact Sharon L. Siegel at docsiegel@earthlink.net

AWP IMPLEMENTATION COLLECTIVE MEETING MINUTES

March 8th, 2018 Sonesta Hotel in Philadelphia Downtown Rittenhouse Square Philadelphia, PA

AGENDA TOPIC/THEME	Specific Topic	Discussion Points	Actions/decisions
Philadelphia Conference Check-in	Registration coverage	Registration needs coverage.	IMPs will provide cover- age.
Treasurer	Next Treasurer IMP may or may not be able to roll on.	This position needs to be thought through.	 June: Create a finance sub-committee to fur- ther discuss the role of treasurer, and what and with whom we can outsource All IMPS are coming up with a recommenda- tion of one CPA.
June Meeting	Strategic Plan	 The last one was created 6 years ago. Re-visiting all IMPS positions 	 Re-thinking the organizational structure as well as all IMPS position in June meeting. Create a new strategic plan for AWP.
Leonore Tiefer: Update on 2019 Anniversary and Governance	2019 Anniversary	Update	Opportunity to re-think governance and the future of AWP
	• Governance	Constitutional Convention	 Utilizing energy and commitment of older members Creating various com- mittees (Treasurer; Conference; Communi- cation; Governance; Relevance; and Diversi- ty) and reaching out and soliciting participa- tion



Association for Women in Psychology Instagram and Twitter Accounts

FOLLOW US!

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@assoc forwomenin psychology

Twitter





@AWP_1968

AWP Implementation Collective

Collective Coordinator Sharon Siegel (3/17-6/20) docsiegel@earthlink.net

Membership Coordinator Jessica Barnack-Tavlaris (6/18-10/21) tavlarij@tcnj.edu

Staffer/Regional Coordinator Clare Mehta (6/18-10/21) mehtac@emmanuel.edu

Treasurer Nikolai Houston (6/14 - 6/18) nikolaihouston@gmail.com

Conferences Liaison Elizabeth Bennett (10/17-3/21) bennette1@duq.edu

APA Convention Suite Coordinator Keely Hirsch (6/18 - 10/20) KHirsch@chatham.edu

Women of Color Coordinator Riddhi Sandil (3/16 - 3/19) riddhisandil@gmail.com

Recorder/Correspondent Aliya Khan (6/16 - 6/19) aliyajkhan2@gmail.com

Newsletter Editor Yuki Okubo (3/17 - 6/20) yxokubo@salisbury.edu

AWP MISSION STATMENT

AWP is a diverse feminist community of psychologists and allied professionals invested in the integration of personal, professional, and political power in the service of social justice.

We challenge unexamined privilege and dominant discourses that marginalize and oppress within psychology and the wider society.

AWP accomplishes this by promoting feminist scholarship, teaching, practice, and networking, and through mentoring, activism, and influencing public policy.

