Announcing AWP 2024

Coco’s Corner

Meeting Minutes

2022 Annual Awardees for Psychological Research on Women and Gender

Christine Ladd-Franklin 2023 Award

Christine Blasey Ford Women of Courage Award

United Nations Corner

Ain’t I a Woman?
In a desire to increase accessibility and inclusivity, we’re planning for our 2024 conference to be another virtual meeting. This will allow us to further explore how viable this is to be part of our ongoing conference planning. If you are interested in organizing this conference, please let us know.

Because this conference will be online it allows for greater opportunities to explore international among other themes. In addition to the usual benefits of selecting a theme and inviting keynote speakers, coordinating an online conference invites creativity and innovation. We welcome your ideas and hope you will consider this collaborative leadership opportunity in AWP. To talk further about getting involved, contact contact Katie Bogen (kwbogen@gmail.com) 2024 Conference Coordinator or Conferences Liaison Sharon Lamb at sharon.lamb@umb.edu
Elyssa Klann (she/her) completed her BA in Psychology and Plan II at the University of Texas at Austin in 2014 and her Ph.D. in Counseling Psychology with a minor in Human Sexuality from the Kinsey Institute at the University of Indiana Bloomington in 2020. She completed her predoctoral internship at the University of Utah Counseling Center in Salt Lake City, honing her interests in feminist-multicultural care using gender-affirming, trauma-informed, interpersonal, and mindfulness approaches.

She currently works as an Assistant Professor at Towson University, a large public university just outside of Baltimore, Maryland, where she splits her time between teaching Psychology of Gender to undergraduate students and teaching applied skills, Multicultural Counseling, and Human Sexuality to students in the Master's in Counseling Psychology program. Her research/advocacy interests center on people's reproductive experiences and how they are shaped by intersectional systems of oppression, such as sexism, racism, cissexism, classism, and ableism. She is also involved in local and national work in reproductive justice through the All Options Talkline and the Baltimore Doula Project. Her other interests include racial justice, violence prevention, gender attitudes, transformative justice, and LGBTQ+ experiences of identity, culture, and well-being. Elyssa is on the editorial boards of the Psychology of Women Quarterly and the Psychology of Men and Masculinities. Within AWP, Elyssa found her home in the Queercus (aka, the Non-Binary Sexual and Gender Diversity Caucus) and has been involved in efforts towards gender liberation and inclusivity, as well as transformative justice strategies, within the organization. She is very excited to serve AWP as the Staffer/Regional Coordinator and assist in bringing in new leadership, helping feminist psychologists and allied students and professionals make their mark on the organization’s future.

If you’re interested in joining the AWP implementation collective, Elyssa would love to hear from you! She is happy to chat with you about how you can get involved with AWP either as an imp or in other ways. All are welcome regardless of age, career stage, or experience. Email her at eklann@towson.edu
Dear AWP Community,

After spending the weekend at our annual conference in Atlanta immersed in feminist community it is bittersweet to be finishing up my final CoCo’s corner and my term of service as the CoCo of AWP. It has been such an honor to serve AWP during this turbulent time in the world. All of the preparation work I had tried to do in order to be ready to take on this role in March of 2020 did not have me ready for what it would mean to try to be of service during a global pandemic and multiple uprisings against racial violence.

I feel so grateful to have been able to connect with so many AWP members to explore ways that we can more fully enact our anti-racist and gender inclusive feminist visions in this organization. I cannot wait to see the amazing work that will continue with Karen Tao coordinating the dedicated and brilliant members of the implementation collective currently entrusted with the organization.

The conference in Atlanta helped to challenge me to really examine the ways that I can better integrate transformative justice into my personal and professional life. The talks given by Candice Hargons, Hyejin Shim, and the DEVI co-op were so powerful in outlining the ways that business as usual in the psychology profession leads to harm to all, but especially to the most marginalized within our society. Candice Hargons challenged us to consider the framework of threat to life, livelihood, or luxury when we are considering whether or not to take an action. Sometimes we hold back from advocating because we are afraid of harm or discomfort and it's helpful to consider the ways that when it is simply a threat to my luxury, my comfort, that it is important to lean in and take those “risks.” I was also so moved by the presentations on Thursday night related to #StopCopCity and #DefendAtlantaForest. The work that the forest defenders are doing is so critical and it was awesome to see my fellow AWPers writing letters to those who are incarcerated and donating personal resources. For those who would like to learn more or contribute, you can visit: https://stopcop.city/

I will close by thanking you all for your trust in me as I served AWP in this role for the last three years. I am so grateful for all of you and look forward to continuing in community with you.

In Service, Tiffany O'Shaughnessy
Business Meetings Minutes

Links to the Business Meeting Minutes*

1. **2022 & 2023** Business Meeting

*Please note that the links to the Business Meetings Minutes in 2019, 2020 and 2021 will be published in the next issue as they become available.

IMP Collective Meetings Minutes

Links to the IMP Collective Meetings Minutes*

1. **September 2019** IMP Collective Meeting
2. **January 2021 & June 2021** IMP Collective Meeting
3. **October 2022** IMP Collective Meeting
4. **March 2023** IMP Collective Meeting

*Please note that the links to the IMP Collective Meetings Minutes in 2020 will be published in the next issue as they become available.
We are happy to announce the winner and honorable mention for the AWP/SPW 2022 Annual Prize for Psychological Research on Women and Gender by Students.

The winner was Nabiha Chaudhary for “Women as agents of change: Exploring women leaders’ resistance and shaping of gender ideologies in Pakistan.” She completed the research under the advisement of Dr. Anjali Dutt, and they published the article in *Frontiers in Psychology* in 2022.

The Honorable Mention went to Ellen Gutowski for “Intimate partner violence, legal systems and barriers for African American women.” Research was conducted under the supervision of Dr. Nadine Kaslow and published in *Journal of Interpersonal Violence* in 2022, along with co-authors Stephanie Freitag, Shujing Zhang, Martie P. Thompson, and Nadine J. Kaslow.

**Congratulations Nabiha and Ellen!**

Rebekah Smart and Julii Green
Co-Chairs
AWP was pleased to present the 2023 Christine Ladd-Franklin (1847-1930) award for exemplary service to the organization to Clare Mehta at our conference in Atlanta. Clare became a member of the organization in the early 2000s, and has often served as a reviewer for conference proposals and has consistently presented her work at AWP as well. In 2006, she became one of the founding members of the Early Career Professionals caucus, designed to help improve mentorship and support for early career feminist psychologists. Her work as the co-coordinator of the ECP caucus led to many useful workshops about how to navigate the job search and tenure process, and how to stay productive with your writing. These sessions at AWP conferences and in the hospitality suite at APA were a space that provided connection and support for many.

Maintaining her support for AWP, she also served a 3-year term as the Staffer/Regional coordinator on the Implementation Collective. Everyone who served with her during this time expressed gratitude for the ways that she went above and beyond to support the implementation collective and AWP as a whole. She also actively worked to help AWP embrace our values as an anti-racist organization through her staffing practices. She is a brilliant scholar and a wonderful mentor.

We are very grateful for Clare’s dedicated service to AWP and for her ongoing commitment to the organization.
In 2019, inspired by Kayla Weiner, the Rhode Island AWP chapter recognized psychologist Christine Blasey Ford for her courageous stand against the nomination of He-Who- Shall-Not-Be-Named to the Supreme Court. With Dr. Ford’s blessing, AWP then created the annual Christine Blasey Ford Woman of Courage Award for a woman who has demonstrated the kind of courage Dr. Ford exemplified. Past awardees are Jennifer Freyd and Melinda Garcia.

The 2023 Christine Blasey Ford Woman of Courage is Laura S. Brown, a private practice psychologist in Seattle, Washington. Laura attended the first AWP conference in 1973 as a graduate student, and immediately became immersed in their activism, including coordinating a national conference in Seattle. At the 2019 AWP conference in Newport, she delivered a stirring keynote reflecting on the value of AWP in her career and her life, subsequently published in Sex Roles. She also issued a generous match challenge, raising over $12,000 for student support to attend AWP during the next 3 days.

Laura is well known for her books, talks, training tapes, and mentoring on trauma, LGBTQ issues, and feminist therapy, all of which were groundbreaking and required tremendous courage to address in their time - check out her resources at www.laurabrown.com. She has served as an expert witness in a number of important cases on behalf of lesbian rights and abuse survivors.

In late 2018, she found a lesion on her left labia which was diagnosed as melanoma. Although still recovering from surgery to remove it, she told her story during her AWP keynote, to which a common response was “I didn’t know that could happen!” Laura has openly shared her battle against her invader, inspiring others to get checkups for suspicious areas, sharing ways to cope with grief and painful treatments, and analyzing (and addressing change strategies for) policies and practices of medical institutions.
But Laura Brown is receiving this award for a very different kind of courage. Throughout the past four years, she has transformed grim diagnoses and grueling treatments into hopeful outcomes for herself and others. Two years ago, she discovered a new tumor on her clitoris – for which she thanks early women’s movement gatherings in which mirrors helped her learn about their sexual anatomy. The only known treatment was clitoridectomy, and even that would leave her with a poor prognosis for long-term survival.

Laura negotiated with her gynecologist and dermatologist, who found an oncologist experimenting with targeted injections of a promising new immunotherapy. Although he had never examined a clitoris, nor had this treatment ever been used on one, he agreed to take a chance and treat her. In return, Laura treated him to lovely singing during her shots, which helped her tolerate the pain. We are happy to report that the treatment was successful in killing off the melanoma in the tumor and that as of her most recent scan, no cancer was detected.

But she didn't stop there. With her dermatologist, gynecologist, and oncologist, Laura coauthored a case report in the *Journal of the American Academy of Dermatology* – including pictures, though you won’t recognize her. These physicians, themselves courageous, have now been transformed themselves. Each has taken an active role educating their colleagues and professional groups about identifying often-overlooked vulvar-area cancers and advocating for this new treatment that can leave sexual pleasure intact.

For her willingness to literally lay herself bare to change the course of cancer awareness and treatment, for her impact on the physicians and hospital staff who adopted a more feminist- and trauma-informed mode of caring, and for the as-yet-unknown but likely significant impact she will have on future patients, Laura Brown is our 2023 Christine Blasey Ford Woman of Courage. Laura has generously donated her award money back to AWP in support of this conference.

In her acceptance, Laura stated: *It is a great honor to accept an award from my home organization named for one of the most courageous women about whom the general public knows, a woman who came forward at great personal risk to tell the truth about her life, doing her best to prevent a dangerous man from ascending to the highest court in the land.*

She also noted: *I am accepting this award in honor of two other truly courageous women, who I had the honor to meet because I was their forensic expert: Tammy Tenney and Jenna Grant, two women working in a courthouse under a reign of terror created by a Superior Court judge, who had been sexually assaulting and harassing women in his courthouse for years with the impunity created by a myth that, as an elected official, "nothing could be done" about his rapacious behaviors. These two brave women stepped forward, challenged that myth and the culture of silence at the Asotin County Washington Courthouse, and won, although at very high prices to their well-being. The former judge is in prison because of their testimony, and he must register as a sex offender on release. The women won settlements in their civil case against the county. It is no longer unsafe for women to work at that courthouse in the far southeastern corner of Washington State. Tammy and Jenna are real women of courage in Christine Blasey Ford's tradition, and in accepting this award, I honor their acts of courage.*

AWP would like to hear from you!

We would love to hear from members about ideas, thoughts, and feedback on what we do and how we can support and change this organization for better. Please contact us via email (all of our email contacts are on the very last page of this newsletter). Also, if you have any short pieces you would like to share with membership, please contact Alicia Trotman at awp.newsletter@gmail.com

AWP Facebook page: https://www.facebook.com/groups/29473119739/

Our AWP Website https://www.awpsych.org/

BECOME A MEMBER

https://www.awpsych.org/membership.php
Do we have AWP youth members involved with the United Nations? We definitely do!
Read more at https://www.bmcc.cuny.edu/news/breaking-the-ice/
Do YOU want to get involved? Or read more about how AWP connects with the United Nations? Look forward to our musings in the Summer newsletter!

AWP United Nations Representative Maram Hallak with the 1997 - 2006 UN Secretary General Kofi Annan
**Association for Women in Psychology**

**JEWISH WOMEN’S CAUCUS (JWC)**

**2023 AWARD FOR SCHOLARSHIP**

$500 Prize from the Pax Fund Held by AWP Treasurer

Deadline Correction: December 31, 2023

**Purpose**
Intended to recognize, further the development of, and honor distinguished scholarship in the field of the psychology of Jewish Women. The JWC Award was established by the family of Kayla Weiner, to honor her work in the areas of Judaism, Feminism and Psychology. JWC funds are held in a socially conscious no-load mutual fund.

**Eligibility**
Theoretical papers, creative projects and research papers will be considered. Papers that have been submitted for publication or presented at professional meetings are eligible, as well as papers that have been previously published or accepted for publication.

**Submission**
Enteries should be written in APA style. Email to <docsiegel@earthlink.net> or send four (4) hard copies of the paper, book or project and a self-addressed stamped postcard to the address below. A cover sheet should accompany each submission and include the author's name, address, telephone number and email address. The submissions will be reviewed using a standard blind review procedure, therefore [where possible] the author's identifying information should not appear on the submission itself.

**Criteria**
Nominations will be judged on the basis of theoretical creativity, quality of the project, clarity, style presentation, and importance and relevance of the topic to the psychology of Jewish women.

**Award**
A $500 prize will be awarded. The award will be announced at the American Psychological Association Conference. The winner is asked to be an active member of AWP, and to present her work as an ‘invited address’ at the next year's Association for Women in Psychology Conference.

**To Contribute to the Award**
Please make tax-deductible donation checks payable to AWP, earmarked “JWC Award.”

**Send Donations, Submissions, Nominations with**
Subject line: “JWC Award Nomination” to: kmweiner@netscape.net or Mailing Address: 4107 SW Othello St, Seattle WA 98136
Oliva Espin Award for Social Justice Concerns in Feminist Psychology

recognizing work in the areas of

Gender and Immigration

and

Ethnicity, Religion, and Sexual Orientation

The award was established through a generous founding contribution from Oliva Espin, a long time AWP member and feminist scholar. It was Oliva’s desire to recognize the work of feminists who are making important contributions to practice, education and training, and/or scholarship in the areas of (a) Gender and Immigration and (b) Ethnicity, Religion, and Sexual Orientation. Oliva’s life long contributions to each of these areas of feminist practice and scholarship have been significant. AWP is pleased to partner with Oliva to recognize and support ongoing work in these important areas.

Nominations and submissions may be made on the basis of noteworthy contributions to (a) practice, (b) education and training, and/or (c) scholarship (presented, published, or unpublished but in APA-style publication-ready format) in one of the following two areas: Gender and Immigration or the Intersection of Ethnicity, Religion, and Sexual Orientation. This year, nominations and submissions in BOTH areas of emphasis area are invited.

The deadline for the 2024 award is DECEMBER 31, 2023. All nominations, submissions, and supporting documentation must be received via email attachment (in PDF format) by the date indicated. Direct materials and questions to Kayla Weiner, kmweinerphd@gmail.com. Submissions will be reviewed by a committee of AWP members. The 2023 Award will be announced at the 2024 AWP Conference.

Award: A $250 cash prize will be awarded. The recipient will be invited to make a presentation based on her work at the 2024 AWP Annual Conference.

Donations: Individuals wishing to contribute to the Oliva Espin Award fund (to help sustain cash prizes) can do so by sending a check payable to AWP (in the note area indicate ‘Oliva Espin Award’) to Kayla Weiner, 4107 SW Othello St., Seattle, WA 98136. Oliva will be notified of your gift.
Association for Women in Psychology

LUMA Award 2023

Purpose
The Association for Women in Psychology (AWP) LUMA award is for outstanding scholarship focused on any topic relevant to lesbian experiences and psychology. AWP encourages theoretical and empirical scholarship that addresses lesbian experiences and psychology. For several decades, the ongoing goal of the AWP LUMA award is to honor excellent research and scholarship on lesbian identity and experiences.

Award
The winner will receive a $250 honorarium and is invited to present their manuscript at the Annual Association for Women in Psychology Conference in Spring 2024. The 2024 AWP conference registration fee is also waived for the winner of the award.

Eligibility and Judging
Manuscripts eligible include conference papers, dissertations, journal articles, or other manuscripts that are unpublished, under review. We will also consider manuscripts that are accepted for publication or published in the last year (i.e. no manuscripts accepted or published PRIOR to August 1, 2022 will be considered.) Both sole and jointly authored papers are eligible. Manuscripts of less than 50 pages are preferred, but longer manuscripts are considered; however, no books will be considered. Members and nonmembers of the Association for Women in Psychology will be considered equally. Submissions will be evaluated by the committee on the basis of sound methodology, clarity of writing, and relevance to the advancement of understanding of lesbian experiences and psychology.

Submissions
Submissions must be made by manuscript author(s) to Dr. Lauri Hyers (Lhyers@wcupa.edu) by Monday, July 31, 2023 at 11:59pm (Eastern Standard Time) with subject line “AWP 2023 LUMA Submission.” Please include TWO word or PDF documents in your submission, one document containing the manuscript with no identifying information (only include the title, abstract, and manuscript body) and a second document with contact information (i.e., author name(s) and contact information, along with the title, abstract, and manuscript body).

Notification
Decisions will be announced individually to applicants via email by the end of August 2023 and award winners will be announced to the AWP membership.

Deadline: Monday, July 31, 2023 at 11:59pm
**Association for Women in Psychology**

**SPECTRUM Award 2023**

**Purpose**
The Association for Psychology of Women (AWP) SPECTRUM award is for outstanding scholarship focused on the psychology of LGBTQ+/Queer experiences. The SPECTRUM Award was first proposed in 2015 by members of the LUMA committee at the annual Association for Women in Psychology Conference in San Francisco, California. After more than half a decade, the SPECTRUM award continues to recognize important work being done on LGBTQ+/Queer Psychology.

We invite submissions of theoretical and empirical manuscripts that address the psychology of marginalized/oppressed gender and sexual identity populations, including but not necessarily limited to those who identify as lesbian, gay, bisexual, transgender, non-binary, genderqueer, genderfluid, and/or queer.

**Award:** The winner will receive a $250 honorarium and is invited to present their manuscript at the Annual Association for Women in Psychology Conference in Spring 2024. The 2024 AWP conference registration fee is also waived for the winner of the award.

**Eligibility:** Individual and jointly authored manuscripts are eligible. Manuscripts (conference papers, dissertations, journal articles, or other manuscripts) can be unpublished, under review, accepted for publication or published. (Note: If you are submitting a published manuscript for consideration, please provide full citation and note that no manuscripts published PRIOR to August 1, 2022 will be considered). Manuscripts not more than 50 pages are recommended. Entire books are not eligible. Members and nonmembers of the Association for Women in Psychology are eligible to apply.

**Submissions and Judging:** Submissions must be made by manuscript author(s) to Dr. Erin Hipple (ehipple@wcupa.edu) by Monday, July 31, 2023 at 11:59pm. Please send your submissions via email with the following email subject line: AWP 2023 SPECTRUM Submission. Please include two documents in your submission (Word or PDF), one document containing the manuscript with no identifying information (including only the title, abstract, and manuscript body) and a second document containing contact information (i.e., author name(s) and contact information along with the title, abstract, and manuscript body). SPECTRUM committee members will review the anonymous manuscripts. Submissions will be evaluated on the basis of sound methodology, clarity of writing, and relevance to the advancement of the psychology of LGBTQ+ people.

**Notification:** Decisions will be announced individually to applicants via email by the end of August 2023 and award winners will be announced to the AWP membership.

**Deadline:** Monday, July 31, 2023 at 11:59pm

Please email Lauri Hyers Lhyers@wcupa.edu or Erin Hipple EHIPple@wcupa.edu with any questions you may have about either award.
In the past, before the great electronic takeover, everything was paper - including the AWP Member Directory. The shift over to an electronic directory was made because of finances - it was not inexpensive to print out a document of many pages. However, somewhere along the way, the membership directory did not simply move onto the AWP website, it moved onto the website in a way that has made it all but useless.

Do you even know how to get membership information on the website?
1. Go to the AWP website https://www.awpsych.org
2. Click on the orange button near the top that says "Member Login"
3. Enter your username and password (You have those handy, right? We certainly didn't and had to take time to look them up)
4. Click log in and get to page called "Member menu"
5. Click under members to "Member Directory"
6. There are a number of different instructions, one of which is "To view all members, click 'Search with no criteria'." Click on "search"
7. At last, you have reached the directory -- but, WAIT, there are **no email addresses and no phone numbers listed.** To get that information you have to click on the little envelope icon or click on the 'contact form' icon - in either case you then must complete a form with your name, business, phone and email, and then write a message - which presumably says "hi, I want to be in touch, so please contact me by email/phone so I can have your email/phone."

The word "cumbersome" does not do this justice. It's labyrinthine, byzantine, unduly complicated and all but useless. The process of accessing a colleague's contact information has somehow become shrouded in layers of protectiveness, which throws cold water on attempts to communicate with each other.

We ask for a change so the membership directory on the website is in an easy-to-access form, complete with phone and email information. If anyone wants to opt out of that, it can easily be arranged. Further we would like paper copies of the membership directory to be available at cost for those members unable to easily use the website.

Because a healthy feminist organization fosters interpersonal connection, we believe that we will build a stronger sense of community in these ways.
Preface

This is an account of the emotional journey to finding my identity, and the discomforts and comforts of arriving there. I am sympathetic to those who have struggled to claim their identity, against society’s discouragement and internal qualms. I recognize that it is different, easier, in that I was reaching toward an identity that is socially sanctioned, even dictated, for me. Yet the social meaning of that identity was, at times, crushing.

I don’t intend to hurt anyone, but that is no excuse if I do. But listen, try to understand how hard it is to give up something I spent my life reaching and pushing to achieve and to believe.

That title feels like, is, misappropriation of Sojourner Truth’s brilliant proclamation. That cry, that claim, is what came to my mind, however, when I was waking up, emerging into consciousness and light, the daily rebirth. The answer I get in some fora is “No! Don’t use that word,” and “if you use it, it must be qualified: It is exclusionary.” Truth was talking about being human in the face of racism. I am talking about being human in the face of sexism.

I will start at the beginning.

When I was little (when I was a very little girl?) and was asked the standard stupid adult question of that era, “What do you want to be when you grow up?”

I said: “A person.”
Not a fireman, not a mommy, not a dog or cat (although I wanted to have kittens rather than human babies). I knew what I meant. I wanted to be an interesting full-fledged person, who wrote and spoke well and had opinions: I wanted to be taken seriously.

Along the way, I worked on that. When I was 13, I learned to move like a boy, straight, no frills and waggles, and I decided I was an atheist. I was very logical and not very emotional. As I grew up, I was not taken seriously. I was a shrimp (“petite,” since I am female, minimal, minimized), with hair down to my waist, kind of a hippie, with a barely audible voice.

I dropped out of my second graduate school and moved to Berkeley, where I thought the revolution was happening. I got there a little late. The “movement” was turning psychological and mystical instead of political. Still, I got to know the SLA (Symbionese Liberation Army) right before they murdered the Oakland School Superintendent and kidnapped Patty Hearst. I joined a women’s group.
At my first graduate school, Yale, a brave woman, Lynette, called a feminist organizing meeting and made the mistake of inviting me. The first thing I did, standing in the back of a narrow, crowded room, was to admit three men who knocked on the door and said they were women. Lynette had to spend part of the meeting politely asking them to leave. This was so new, at Yale at that time, to be in a room full of women. The men at the door, with crew cuts, dressed in khakis and loafers and button-down shirts, made it feel like every other place at Yale, as did their dominating the discussion, asserting their entitlement to be there, everywhere, anywhere.

The faculty thought I was a “women’s libber” because I did not wear a bra. They also, I realized later, thought I must be because I was treated so badly: one of my professors held office hours in a bar/coffee house that did not admit women. I had to wait outside and send a message to him to come out. When I went to the first meeting with my adviser to sign up for classes, he would not see me: he yelled through his office door, “You are going to get married and drop out.” The department chair said my adviser was going through a divorce and he helped me set a schedule. So Sydney Lamb’s behavior was acceptable, excusable. I wanted to study semantics, and Lamb was it; instead I was advised by a classicist, and ended up taking the wrong courses, and dropped out – not to get married, but to get the education I wanted.

At my second graduate school, there was one odd woman who read Ms. Magazine. I thought she was queer, but I had no idea what that meant. I fell in love with one of my students and he with me. He was older, just back from Vietnam and finishing up his undergraduate degree. He had me read Betty Friedan and Germaine Greer and Simone de Beauvoir, stop plucking my eyebrows and wearing lipstick, and eventually stop shaving my legs. I broke up with him and moved to California, and he dropped out and joined me there. The daughter of my mother's friend told me about a women's group and I joined. I learned so much from them.

In that period, we started calling ourselves “women.” (Some spelled it “womyn.”) I found that extremely difficult. I was young and immature, and I felt like a girl. People thought I was 13. Still, it felt very powerful to start identifying as a woman, a real adult, a person after all. It did make me squirm at first. I took a bus with a woman driver for the first time. I was scared. I dreamed that I got on a plane with a woman pilot. I knew women were competent, but I became afraid of flying. In my dreams, the plane always went down.

Decades passed, in which I ran a women’s center on Martha’s Vineyard briefly (we sheltered battered women in our own homes and sent them off-island for safety; provided rape counseling and worked with the police; we were shut down when we tried to start an independent women’s center), worked as a waitress, led anti-rape rallies at my third graduate school, was again mistreated by the faculty, this time both because I was a woman and because I was a feminist and therefore ‘could not do objective research.’ I ended up not doing cognitive psychology, which I loved, but applying my research skills to gang rape and domestic violence.
I thought by getting a PhD, I would finally be taken seriously. I dropped the feminine ending from my name when I was in Berkeley. When I applied for jobs or submitted journal articles, the decision makers assumed I was a man. It helped, for a while. I joined AWP with the sole other feminist in my department. She was excoriated by the faculty for putting up a poster in her office, “I am a woman giving birth to myself,” and for posting an article about babies dying in South America because Nestlé gave them free formula until their milk dried up and then they couldn't afford to buy it. We went to a conference where we slept on couches because we could not afford a room. It was thrilling. There was a group that called themselves “crones.”

I “forgot to have children,” as a New Yorker cartoon said; I was too busy. I was ambivalent about marriage because of the loss of rights (still, in those days) and identity. My mother was unable to get a credit card in her own name, and realized that for forty years she had not had a first name of her own officially: she was Mrs. Fred Smith. “I am not Fred!”

Fast forward 50 years. I am on the board of my restricted income co-op in New York City. I was re-elected, and for the first time in the history of the co-op, there was an all-woman board. I went to the first meeting of the new board. The women on the board in their late 30's to mid-40's call themselves "girls." Two of us over 70 are called “ladies.” Again, I am not a person. I am not a woman.

In my professional life and political activist life, I cannot call myself a woman. Sometimes I can say I am a cisgender woman, but when I talk about rape and domestic violence, I cannot say “women”; I am ousted from the Gender Justice Task Force for that perspective, even though I include transwomen when I say “women” – most of the time. I do not include them when I am talking about menopause and other female physical facts of life. Then I include trans men.

Many in AWP want to eliminate the word “woman.” It feels so hard for me. Have I lost 50 years? In ads on tv, the NYC commissioner of health talks about COVID vaccines being safe for “people who are pregnant.” In another PSA, he talks about monkey pox and “men who have sex with men.” Again, women are erased, but men are not. It feels like the misogyny I have experienced all my life.

Where am I in this, after the lifetime of struggle to be a woman, to be recognized as a woman? As an adult, as a full-fledged person despite my gender? Who am I? I am certainly not a man, but am I a woman?

By Anonymous* (was a woman)

*A please note that the editor chose to publish this piece with the author’s wish to be Anonymous. While this may the first piece published as such in our newsletter, the editor has chosen to publish all viewpoints to a controversial issue. Controversy these days are being accompanied by unintended consequences, so to possibly mitigate reprisal, the editor finds Anonymous appropriate in character.
The OWC continues to flourish, pioneering new methods of doing feminist psychology, linking women from all over the country. We’ve been meeting every three weeks through the fall and winter with an average attendance of eighteen. Our format of checking in with each other before our discussion allows us to get to know and support each other better as we educate ourselves on the perils and pleasures of aging. Sometimes it feels like “Consciousness-Raising – Senior Edition!”

In October we discussed the new Gender Inclusivity Imp position and the “Unlearning Cissexism” webinar. We are still concerned about the acrimony between generations that has marked AWP’s discussions of gender identity, and we are searching for ideas about how to heal and create greater solidarity in our organization.

Our next two sessions were devoted to caregiving, an issue several of us are facing or have already faced. Irene Frieze and Hilary Lips guided us as we discussed the loneliness, isolation, and spottiness of outside support for both givers and receivers of care. It was noted that if our built environment made allowances for differing abilities, both caregiving and self-care as we age would be much easier. At our next meeting Karen Wyche shared valuable information she has amassed through her family caregiving experience, covering how to access medical, financial, and social support resources, the latter often a critical but unmet need.

In December, after the mid-term elections, Carla Golden and I helped us make sense of the results. We shared our individual efforts to get out the vote and reflected on the polarization of the electorate, the dangers our democracy faces, and the rays of hope engendered by the numbers of women and young people who came out to vote in order to preserve reproductive rights.

In January, again under the guidance of Hilary and Irene, we considered the impact of both receiving and giving care on close relationships. The complexity of shifts in power and responsibility and conflicts over dependency and independence were noted by many. Dilemmas over how much help to give or ask for at any given moment and how to manage irritation, frustration and resentment were seen as very challenging. While being a caregiver or a person needing care is difficult, sharing this vulnerable journey can also offer meaningful and profound experiences.

Recently we introduced a new innovation to our meetings: inviting a feminist writer to join our discussion. In late January we were honored to host feminist journalist Susan Faludi, author of the classic 1991 book Backlash: The Undeclared War on American Women. That book’s detailing of the rise of misogyny following the gains in the status of women in the 60’s and 70’s became a warning: Never take the advances feminism has brought for granted. At this fraught moment those concerns are still very relevant. Susan is now doing research on a new book examining the organizational divides that have developed recently across both academic and activist feminist groups. She would like to gather information from both older and younger members of AWP as she tries to understand the currents that have led to this situation and what they portend for the future.
In February AWP Distinguished Publication Award winner Breanne Fahs joined us for a discussion of her 2015 Journal of Social Issues article “The Body in Revolt: The Impact and Legacy of Second Wave Corporeal Embodiment.” Breanne argues for combining the strengths of both second and third wave feminism, finding a way to preserve the passion, solidarity, and activism fueled by women owning the power of understanding their bodies - while also deepening our analysis of intersectional oppressions and working to dismantle them.

Sharing our personal stories, talking about scholarly and journalistic articles, debating current issues, and supporting activist projects keeps us revitalized. We are entering the new year energized by our engagement with each other and looking forward to more adventures together - this is feminist psychology in action!
Are you interested in joining our Implementation Collective?

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Mission Statement

AWP is a diverse feminist community of psychologists and allied professionals invested in the integration of personal, professional, and political power in the service of social justice.

We challenge unexamined privilege and dominant discourses that marginalize and oppress within psychology and the wider society. AWP accomplishes this by promoting feminist scholarship, teaching, practice, and networking, and through mentoring, activism, and influencing public policy.